



gotrade
A modern market experience

3 & 5 JOURS IN CAEN & NORMANDY

Itinerary highlights

Caen is not only the capital of Normandy, but it's also a gourmet capital! Choices are numerous as they are varied to satisfy the curiosity and the palate of both gastronomic apprentices and experienced connoisseurs boasting exceptional markets, traditions, culinary delights, local products, starred chefs and even gourmet events! In France, gastronomy is an art, and in Caen it is almost a religion! So don't delay come and discover this exclusive gourmet gem, in a serene and safe environment. We look forward to welcoming you!

Day 1:

Morning: Take a stroll around the Saint Sauveur market

Lunchtime: lunch at "La Fabrique", place Saint Sauveur

Afternoon: Tour of the Abbaye-aux-Hommes (Men's Abbey) / Snack break at "Memoranda", between books and pastries / Shopping in the walking streets.

Evening: Gastronomic dinner at "l'Aromate", in Gémare street



Day 2

Morning: Strolling around the Boulevard Leroy market

Lunch: Crêperie "Au grenier à crêpes", street Saint Jean

Afternoon: Tour of the Abbaye-aux-Dames (Ladies' Abbey)

Evening: Dinner at the starred chef Ivan Vautier's restaurant



Day 3

Morning: Strolling around the Saint Pierre market, on the port

Lunch: Brunch in the "Mazorca", place Saint Sauveur

Afternoon: Pedal-boat ride on the Orne with "Au fil de l'Orne"

Evening: Norman dinner in the Vaugueux, at "Au P'tit B"



#RespectProtectEnjoy



gotrade
A modern market experience

CAEN & NORMANDY

Perhaps 5 days?

Day 4: Ouistreham

Morning: Discovery the Port of Ouistreham and its fish market

Afternoon: Take a bike ride to discover the Anglo-Norman villas on the coast

Day 5: Caen

Day trip:

Visit of the Peace Memorial Museum in Caen

WHAT'S ON?

Each year in November, Caen has a *rendevous* with greediness during its festival “Novembre Gourmand” (Greedy November). Many events, exhibitions and animated markets are open to locals and our visitors.

The “Crocq’ Gourmand” that takes place in mid-november on the Place Saint Sauveur is a focus for many culinary animated events and food tasting opportunities. Certainly one to note in your diaries!

One of Caen most famous culinary delights is “*Tripes à la mode de Caen*”. To taste one of the best Tripes in the world, book your *Tripes lunch*, every first Sunday of the month at the “Sabot” butchery. A unique experience!

A perfect dish for those with a sweet tooth is our *Madeleines*... Head to the Jeannette biscuit factory to discover the delicious Madeleine made in Caen: a real reminder of the wonderful home treats from our childhood...

#RespectProtectEnjoy

Adopt these simple gestures and recommendations to spend a serene and responsible holiday:

- Wear a mask
- Observe the distance of 1m between people
- Wash your hands regularly
- Choose contactless payment
- Cough or sneeze into your elbow
- Use a disposable tissue and dispose of it
- Salute without shaking hands, avoid hugs



MAIN TOURISTIC SITES



The Mémorial Museum



Ouistreham
fish market



Paddling on the
Orne river



The Castle of Caen

www.caenlamer-tourisme.fr

